



Do you work with children with autism or other sensory, cognitive, physical or social challenges?

Would you like to learn effective techniques for students to self-calm in the classroom, therapy room or any environment?

Are you looking for fun ways to engage, inspire & motivate students to their highest physical, social and academic potential?

**Then please Join Us for a fun & Dynamic
2 Day Workshop March 31 & April 1, 2012!**

***S.M.Art Kids Adaptive Yoga**

*(Stories, Movement & Art)

Level 1 Facilitator's Training for Educators, Therapists & Other Professionals

"Using stories, movement & art, we can engage the brain, exercise the body, integrate the sensory system, calm the mind, reduce stress & motivate young learners to their highest potential!" ~B.Gini

You are invited to attend this 16 hour comprehensive, highly interactive workshop designed for educators, therapists, yoga teachers & others who want to incorporate yoga in their work with children with adaptive needs. Learn **S.M.Art Kids®** methods to build & facilitate fun, & engaging adaptive movement programs for children of all ages & *all abilities*. Learn to creatively incorporate adaptive technology & yoga-based techniques into a therapy or educational setting. You will go home with **hundreds of tools**: poses, interactive games, adaptations, stories & resources and have an opportunity to collaborate & network with other professionals in the workshop and on our forum. This is a great opportunity to add to your knowledge & marketable skills & obtain the tools to create fun, customized adaptive yoga programs, for therapy or recreation, especially for children with special needs! You do not have to be proficient in yoga to participate!

Areas of training include:

* Yoga History (Basics) * Dynamics of children's yoga * Finding the fun in movement * Types of movement & effects on the body/brain * Anatomy * Adaptations * Targeting movement sets * Yoga techniques for S.I * Incorporating visual aids & props * Developing fun cooperative Yoga Games * Vocabulary, language & social aspects * Identifying sensory triggers * Yoga & autism, SPD, dyslexia, ADHD & other challenges * Reversing the stress response * Art & Imagery Techniques * Storytelling & theme development * Aromatherapy * Nutritional guidelines * Classroom management * Developmental benchmarks k-12 * Meeting Core Standard, IEP & therapy goals * Peer Mentoring * Self Calming * Self Care * Writing proposals, grants & more!

***Tuition:**

\$650 if paid in full by 2/15
\$720 if paid after 2/15
\$750 if paid after 3/1

Registration Deadline:

March 10, 2012

*Special rates for groups of 3 or more.
Please contact Barbara

barbara@bodylogique.com

For Inquiries E-mail:

barbara@bodylogique.com

Call: 215-257-3193

To Register:

www.bodylogique.com/
(Go to "Workshop" page)
Or scan code at right

Workshop Location:

Vinyassa Yoga Miami
(at Magnan Martial Arts)
12039 S.W. 132nd Avenue, #22
Miami, FL 33186-4785
(305) 971-3668



*Tuition includes 16 hours of Interactive Training, a Manual, a **S.M.Art Story™** Themed curriculum, a listing on our website, and a quarterly newsletter. Each participant also receives a membership to our forum page and an additional 30 minute coaching session.