

## Swish Swish Make A Wish

**AGES:** 2-8

**MATERIALS:** A cut out of a gold or silver star, or a "Magic Wand", Yoga mats or carpet squares

### **OBJECTIVES/SKILLS:**

Sensory/Motor: (child uses & integrates various sensory & motor skills while wishing, physically acting out the wish, & moving around the circle. )

Verbal Expression:(child makes the wish, tells where they want to go,says the rhyme.)

Auditory Processing: (auditory processing is aided by listening to directions & singing rhyme "swish, swish, make a wish...")

Social/Turn Taking: (child waits their turn & passes star or wand to next child when finished, enjoys watching, listening & playing along with peers/teacher.)

### **GAME:**

Have the children sit in a large circle on mats or carpet squares.

One child is selected to sit in center of circle (or next to Instructor) with the star/wand.

All the children chant: "*Swish, swish make a wish-What will you be today?*"

The selected child chooses an animal or something/someone he/she would like to be. (Ex: a green frog, superman, a princess, etc.)

With teacher, the child and the others act out (with movement/dance/yoga) the wish.

Then have everyone chant:

*"swish swish you got your wish, where would you like to go?"*

Have child name a place they'd like to go

(EX: the beach, play ground, the moon, home, Disneyland, etc.)

The child then takes the star or wand & moves around the circle (by walking, hopping, jumping, etc. according to teacher's direction) while everyone says:

*"Swish swish you got your wish, here you go to \_\_\_\_\_."*

When child gets back to his or her place, he/she gives the star/wand to the next child and play continues until all have had a turn.

*\*NOTE: Can be adapted to 2 or more players. Parent, or aide can play with child first before adding more children. PECS, picture cards or sign language can be used to communicate with non-verbal children.*