



**BodyLogique Creative Fitness®**

*Presents:*

*A workshop for Parents*

## **S.M.Art Families™: Tools & Techniques for Engaging & Calming Your Spectrum or SPD Child**

Is your child struggling with focus, motor control & over/under responsiveness? Are you looking for ways to complement traditional therapies that will help your child stay engaged & calm? This 4 hour interactive workshop has been designed for parents, older teen siblings & caretakers of children with autism, SPD, ADD, ADHD, dyslexia & other sensory challenges. You will learn the very techniques used by **\*S.M.Art Kids® Adaptive Movement Program**, (stories, movement & art) & be shown exactly how to easily apply them for your child at home in a creatively fun manner! By using these tools you will help your child:

- **Integrate the Sensory System**
- **Strengthen the Brain/Body Connection**
- **Calm Nerves & Anxiety in any environment**
- **Build concentration skills**
- **Reduce physical & emotional Stress**
- **Improve social skills & interpersonal relationship**

A 23 page booklet & an imagery CD is included .

**\*This will be available late 2011 as an online workshop.**

Please contact:

Barbara: 215-257-3193

For More Information.

**Tuition:**

\$100/person

\*\*(Registration is also open to grandparents, siblings & other family members age 16 & up.)

For More Information Please Visit:

[www.bodylogique.com](http://www.bodylogique.com)

